

Autumn Term 2018

Primary menu

Meal Price £2.50 includes milk drink with main/dessert

WEEK 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|---|---|
| MAIN COURSE | Wholemeal Pepperoni Pizza with Seasoned Potato Wedges, Tomato & Cucumber Chunks | Spaghetti Bolognese with Crusty Bread Chunk & Mixed Leaf Salad | Natural Breadcrumbs Coated Chicken Goujons in a Bap with New Potatoes & a Green Salad | Baked Pork Sausage with Mashed Potatoes & Beans | Baked Fillet of Fish with Chips and Peas or Beans |
| VEGETARIAN CHOICE | Wholemeal Cheese & Tomato Pizza with Seasoned Potato Wedges, Tomato & Cucumber | Tomato & Mixed Pepper Spaghetti with Crusty Bread Slice, Tomato & Cucumber Chunks | Mixed Vegetable Strudel with New Potatoes and a Green Salad | Quorn Sausage with Mashed Potato & Beans | Vegetable Fingers with Chips and Peas or Beans |
| TODAY'S DESSERT | Lemon Drizzle Cake | Fresh Fruit Salad | Jelly Pot | American Pancakes with Sliced Grapes & Sauce | Ice Cream Tub |

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WEEK 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|--|--|
| MAIN COURSE | Baked Fish Fingers with Herby Diced Potatoes, Grated Carrot & Lambs Lettuce | Beef Lasagne with Garlic Slice & Micro Pea Shoots | Roast Pork Loin & Gravy with New Potatoes, Broccoli & Carrots | Southern Style Coated Chicken Goujons with Mini Potato Bites, Tomato & Cucumber Chunks | Baked Fillet of Fish with Chips & Peas or Beans |
| VEGETARIAN CHOICE | Veg & Bean Bake with Herby Diced Potatoes, Grated Carrot & Lambs Lettuce | Cheesy Pasta with Garlic Slice & Micro Pea Shoots | Creamy Vegetable Pie with Gravy, New Potatoes & Broccoli | Southern Style Quorn Bites with Mini Potato Bites, Tomato & Cucumber Chunks. | Wholemeal Cheese & Tomato Pizza with Chips & Peas or Beans |
| TODAY'S DESSERT | Iced Sponge Finger | Fresh Fruit Salad | Angel Delight | Shortcake & Custard | Yummy "1 of your 5 a day" lollies |

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WEEK 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|--|---|--|---|
| MAIN COURSE | Beef Burger in a Bap with Seasoned Potato Wedges & a Mixed Salad | Meatball Pasta with a Multiseed Baguette Slice & Lambs Lettuce | Gammon Ham with Gravy, New Potatoes, Green Beans & Sweetcorn | Chicken Korma Served on a Mixed Grain Rice with a Mini Garlic & Coriander Naan Bread | Baked Fillet of Fish or Pork Sausage with Chips and Peas or Beans |
| VEGETARIAN CHOICE | Vegetable Quarterpounder in a Bap with Seasoned Potato Wedges & a Mixed Salad | Quorn Ball Pasta with a Multiseed Baguette Slice & Lambs Lettuce | Veg & Bean Bake with Gravy, New Potatoes, Green Beans & Sweetcorn | Mixed Vegetable Curry Served on a Mixed Grain Rice with a Mini Garlic & Coriander Naan Bread | Vegetable Fingers with Chips & Peas or Beans. |
| TODAY'S DESSERT | Flapjack Finger | Fresh Fruit Salad | Jelly Pot | Belgian Waffles with Sliced Grapes & Sauce | Assorted Yoghurt Pots |

*** PLEASE NOTE THAT MENU ITEMS MAY NEED TO BE CHANGED WITHOUT NOTICE ***

Jacket potato with baked beans or cheese can be ordered as an alternative to the main meal